

What you can do to mark Young Carers Awareness Day



Host an assembly

– why not invite a local carers service to give a short talk.

Make a film

If you're involved in the Young Carers in Schools programme, make a short film about the difference it's made. Post it on Youtube.

Encourage young carer services

to post images of what they're doing for Young Carers Awareness Day on social media

Have a stall

Download material from Carers.org/ycad for your stand. Encourage pupils to play our Life in a Spin interactive game on a laptop.

Find it at lifeinaspin.org/intro.

Have a donation bucket for money.

Put up a **display** on your **school noticeboard**.

Organise your own activity, such as **cake sales**, or **create your own posters**.

Create Young Carers Awareness Day pages on your school's website.

Put up some of our **Young Carers Awareness Day posters**.

Play the **Life in a Spin online game** at lifeinaspin.org/intro

Young Carers in Schools is a free initiative in England and Wales that makes it as easy as possible for schools to support young carers, and awards good practice. www.youngcarersinschools.com.

Visit Carers.org/ycad to find out more!