What is Listening Link?
Listening Link is a telephone support service for carers in Newcastle. It links you to a volunteer who will call you regularly to offer a listening ear.

What are the calls for?
Listening Link is designed to help you through a difficult time in your caring role.

If you are feeling alone, a friendly voice on the other end of the phone can make a huge difference.

Volunteers are there to listen, giving you a chance to share your worries or concerns, providing you with support and encouragement.

When will the volunteer call me?
The volunteer will call you on a regular basis (usually once a week) at a time that suits you both.

How do I find out more?
If you think you could benefit from Listening Link or would like more information, please contact Newcastle Carers:

Tel. 0191 275 5060 | SMS. 07874 100043
Email. info@newcastlecarers.org.uk
Website. www.newcastlecarers.org.uk

Charity Registration No. 1145373  Company Registration No. 7869359