Young Carers Festival
Background and history of the Young Carers Festival
• The Childrens Society and YMCA Fairthorne Manor, hold a festival for young carers aged between 11 and 17 who attend with their young carer’s project or school group.

• The First ever festival was in the year 2000 – aimed to be a conference for young carers but with attendance levels at 600 it became a festival and YCF was born!

• The festival provides the young people with the opportunity to have fun, relax, socialise and have their voices heard about issues that affect them.
The very first YCF - 2000
Young Carers Festival – 2022
‘Time to be me!’
The Voice Zone
What young people said in the voice zone at 2022 YCF

“…I regularly feel overwhelmed and stressed.”

“Sometimes I feel a bit upset that I can’t go out with my friends a lot like other kids because I have to look after my mum”

“People assume I am lazy because I don’t have time for homework!”

“It can make you feel really isolated and unwelcome”

“We need more support with our mental health”

“Someone in school to talk to”