Re: Carers of people with dementia - interview request

Carers Trust Wales would like to talk to carers of people with dementia to understand experiences and challenges you may be facing. We would like to use what we learn to campaign nationally for better support for carers and develop resources to raise awareness about unmet needs.

If you would be happy to speak to me please e-mail fbashir@carers.org

What will the discussion topics be?

- What is everyday life like for you and the person you care for.
- Your experiences with health care and social care.
- Where you access support.
- Challenges you face such as to your well-being, accessing short breaks or concerns about finances.
- Anything else you would like share about your caring role.

What will happen to the stories and information I share?

Your story and your experiences matter very much to us and we will treat them sensitively and with respect. We will not use your real name or details about where you live in any publication.

We will use the stories and words you provide in a few different ways that include the following.

- a short animation that will help health and social care professionals like GPs and social workers, as well as Welsh Government to understand the experiences of caring for someone with dementia.
a booklet to support other carers of people with dementia in Wales.

**Practicalities**

Interviews will last 30 minutes to one hour but timings can be flexible to suit your needs.

We can talk over the telephone, via online services such as Skype, or correspond by e-mail.

Interviews can be conducted in English only.

You will need to complete a permission form to ensure you are willingly consenting to us using your story before we commence.

You can change your mind if you decide that you do not want your information to be shared. You can read our privacy policy [here](#).

Thank you.

Yours faithfully,

Faaiza Bashir
Policy, Research and Engagement Manager
Carers Trust Wales