**MANAGER NAME**

**STORE NAME**

**STORE ADDRESS**

**CITY**

**POSTCODE**

**DATE**

*Supporting our Young Carers during COVID-19*

Hello,

I hope you are safe and well during this time.

My name is **NAME**, I am **AGE** years old and live in **LOCAL AREA.**

I am writing to you today to raise awareness of young and young adult carers in the local area. I want to start by recognising and thanking you for your support to NHS and front-line workers during this time. I really value the changes that have been brought in and hope we can work together to extend the support to unpaid carers.

A young carer (under 18) and a young adult carer (aged 16 – 25) are young people who help look after someone else in their family, or a friend, who is ill, disabled or misuses drugs or alcohol. Young carers are unpaid and during this lockdown, are facing many challenges to their caring role.

**(Optional) Example from your local community:** In your store, some young/ young adult carers have raised the issue that **\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

Please understand that it is not always possible for a young carer to go to the shop alone or at a specific time when they have such a large caring role.

The aim of this letter is to raise awareness of young carers in **LOCAL AREA**. Please can you consider including unpaid carers in the dedicated shopping time for key workers and vulnerable people?

I understand that this is a challenging time for businesses, but we must recognise the role that young and young adult carers play in our society. I would be happy to discuss this further with you and hope that we can work together in the future to further support young carers in the local community.

Thank you,

**NAME**