COVID-19 IN SCOTLAND: THE IMPACT ON UNPAID CARERS AND CARER SERVICE SUPPORT WORKERS

UNPAID CARERS

90% are spending more time caring

I am spending more time caring with zero respite or support services. It is 14 months since I had a waking hour away from my son.

82% have had no access to respite or breaks from caring

Young carers group respite has stopped and the people I care for can’t see other services, where I would normally have a break.

CARER SUPPORT WORKERS

86% say their workload has increased

We’ve had a massive increase in referrals. More support for carers who are at their wits end … More adult protection and child protection concerns than ever.

74% say that unpaid carers needs have become more complex

The needs have become more complex due to breakdowns of families or mental health or financial issues.

FIND OUT MORE ABOUT OUR LATEST RESEARCH WITH UNPAID CARERS AND CARER SUPPORT WORKERS IN SCOTLAND AND HOW YOU CAN SUPPORT THEM.

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