

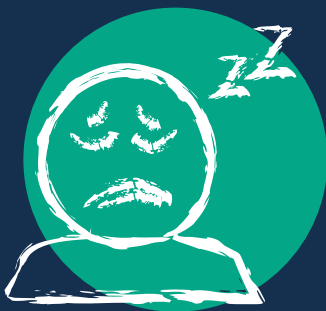
COVID-19 IN SCOTLAND: THE IMPACT ON UNPAID CARERS AND CARER SERVICE SUPPORT WORKERS

UNPAID CARERS



90%
are spending
more time
caring

“I am spending more time caring with zero respite or support services. It is 14 months since I had a waking hour away from my son.”



82%
have had no
access to
respite or
breaks from
caring

“Young carers group respite has stopped and the people I care for can't see other services, where I would normally have a break.”

CARER SUPPORT WORKERS



86%
say their
workload has
increased

“We've had a massive increase in referrals. More support for carers who are at their wits end ... More adult protection and child protection concerns than ever.”



74%
say that
unpaid carers
needs have
become more
complex

“The needs have become more complex due to breakdowns of families or mental health or financial issues.”

**FIND OUT MORE ABOUT OUR LATEST RESEARCH WITH
UNPAID CARERS AND CARER SUPPORT WORKERS IN
SCOTLAND AND HOW YOU CAN SUPPORT THEM.**

VISIT [CARERS.ORG/SCOTLAND](https://www.carers.org/scotland)