

PART 1		Please attach chronology if making a referral	
Please complete Young Carer's Statement with Young Carer and Cared For Person			
Has a Young Carer's statement been offered?	Offered and attached: <input type="checkbox"/>	Offered but declined: : <input type="checkbox"/>	
Young Carer Name (in full):	Insert full name		
Known as:			
Other names previously used:	Insert any names the child has been known by in the past		
Date of Birth			
Cared For Person's Name (in full):	Insert the cared for person's name in full		
Relationship to Young Carer	Insert the relationship between the young carer and the cared for person		

Current address of Young Carer	Cared for Person's address (If different from current address)
Insert current address of the young carer	Insert current address of the cared for person if different from the young carers address

Written by:	Author of the Young Carers Statement	Date of completion (of this plan):	Insert date. Do not insert 'ongoing'
Agency:	Insert agency – Education, Health, Social Work	Submitted to / shared with:	Insert who the YCS has been shared with when seeking support
Date of previous plan (if any)	Insert previous version date	Date of submission / sharing: *with Chronology	Insert date if submitting/sharing a chronology
Named Person:	Insert name of Named Person	Lead Professional (if appropriate):	Insert name of Lead Professional – only applicable if a Multi-agency YCS

Young Carer's GP details	Nursery / school / further education
Insert Young Carer's GP contact details	Insert Education provision details if applicable

Gender	Insert gender (if known)		CHI (Community Health Index Number)	Health insert CHI	
Ethnicity	Insert ethnicity (if known)		SCN (Scottish Candidate Number)	Education insert SCN	
Communication needs	Insert details of any known communication needs		Care Frist Number PLAN IN PLACE Mark x in the relevant field upon completion of the plans below. ALL YCS must have and emergency care plan, Future care plan and anticipatory Care Plan but an Advanced Care plan may not be relevant.	YES	NO
Accessibility needs	Insert details of any accessibility needs				
CSP (Co-ordinated Support Plan)	YES	<input type="checkbox"/>	Emergency Care Plan	<input type="checkbox"/>	<input type="checkbox"/>
	NO	<input type="checkbox"/>	Future Care Plan	<input type="checkbox"/>	<input type="checkbox"/>
Does this plan include a Young Carer's Statement?	YES	<input type="checkbox"/>	Anticipatory Care Plan	<input type="checkbox"/>	<input type="checkbox"/>
	NO	<input type="checkbox"/>	Advanced Care Plan	<input type="checkbox"/>	<input type="checkbox"/>

Non-disclosure order in place? Click to mark x	YES	<input type="checkbox"/>	NO	<input type="checkbox"/>
Details of non-disclosure order	Insert non-disclosure details			

Is the Young Carer looked after:	YES	<input type="checkbox"/>	Child Protection History	
	NO	<input type="checkbox"/>	Dates of any previous registration:	Category of concern:
Legal status	Click here to choose an item from the drop down menu		Insert the dates of previous registration if applicable	To be inserted by allocated Social Worker as Lead Professional if the Plan is Multi-Agency
Date commenced:	When did the child/young person become Looked After?			
Child protection status – On Child Protection Register?	YES	<input type="checkbox"/>		
	NO	<input type="checkbox"/>		
Category of Concern:				
To be inserted by Social Worker as Lead Professional				

FAMILY / HOUSEHOLD MEMBERS AND OTHER SIGNIFICANT RELATIONSHIPS WITH THE YOUNG CARER					
Name	DOB	Relationship to child or young person	Address	Parental Responsibilities and Rights Y/N	Relevant Person Y/N
Insert name of household members and others with relationship with the child, for example extended family or	Insert date of birth (if known)	Insert the nature of their relationships with the child/young person	Insert address of each (if known)	Y or N	Y or N Completed if needed for purposes of

friends who regularly spend time with the child/young person					Children's Hearing

PARTNERS TO THE YOUNG CARER'S STATEMENT (Edit / add partners to plan as appropriate. Click to mark x)				
Agency	Contact name/role	Contact details	Attended planning meeting	Contributed to the plan
Insert the agency, there are some prompts to assist you. Rows can be added/ deleted as necessary.	Insert the name and role of the partner.	Insert email contact details or other contact details. GCSX details should be noted where available as this will reduce the need to send paper copies or password protected documents.	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
			<input type="checkbox"/>	<input type="checkbox"/>
			<input type="checkbox"/>	<input type="checkbox"/>
			<input type="checkbox"/>	<input type="checkbox"/>

WHAT ADVICE/ SUPPORT WOULD THIS YOUNG CARER BENEFIT FROM? (Please cross all that apply)				
1:1 support <input type="checkbox"/>	Peer support <input type="checkbox"/>	Support to access to further education or training? <input type="checkbox"/>	Emotional support re. caring role <input type="checkbox"/>	Social activities <input type="checkbox"/>
Confidence building <input type="checkbox"/>	Financial advice <input type="checkbox"/>	Emergency Plan <input type="checkbox"/>	Advocacy <input type="checkbox"/>	Other- <input type="checkbox"/> (please detail)

Caring Activities I Carry Out: Please mark all that apply

Task:	Never	Some of the time	A lot of the time
Clean my own bedroom			
Clean other rooms			
Wash up dishes or put dishes in a dishwasher			
Take responsibility for shopping			
Help with lifting or carrying heavy things			
Help with finances/ money e.g. bills, banking money, collecting benefits			
Work part time to bring money in to the home			
Interpret, sign or use another communication system for the person you care for			
Help the person you care for to dress or undress			
Help the person you care for to have a wash			
Help the person you care for to have a bath or shower			
Keep the person you care for company e.g. sitting with them, reading to them, talking and listening to them			
Check on the person you care for to make sure they are all right			
Take the person you care for out e.g. for a walk or to see friends or relatives			
Take brothers and sisters to school			
Look after brothers or sisters			
Look after brothers or sisters on your own			
Responsible for giving medication / collecting prescriptions			
Help with toileting			
Others:			

How caring affects me: Please mark all that apply			
Because of caring:			
I feel I am doing something good			
I feel that I am helping			
I feel closer to my family			
I feel good about myself			
I feel sad/ upset			
I feel stressed/ worried			
I feel that I am learning new things			
I believe my parents are proud of the kind of person I am			
I feel like leaving/running away			
I feel lonely			
I feel like I'm coping			
I think about what I have to do			
I don't think I matter			
I like who I am			
I look forward to the future			
I feel tired and/ or have no energy			
I have the skills to cope with problems			
I feel proud of myself			
I have free personal time e.g. to see friends, have interests, take part in activities and to relax			
I feel able to talk to someone about my caring role			
I have enough time to complete home work/ course work			
It affects my education			

INDICATE STRENGTHS, CONCERNS AND IMPACT OF CARING RESPONSIBILITIES AGAINST RELEVANT WELLBEING INDICATOR

In the analysis section of the Young carers Statement practitioners should, using the wellbeing assessment analyse whether the young carer is undertaking responsibilities which they need to be protected from. This must be an evidence based analysis of assessment findings using My World Triangle and Resilience Matrix appropriate to needs identified. Analysis to be made with reference to National Risk Assessment Framework where appropriate. Consideration should be given to whether the root causes of any wellbeing concerns are the caring responsibilities being undertaken or whether there are other root causes to any wellbeing concerns identified. The analysis must be informed by the assessment of the **impact of caring upon wellbeing, willingness to care, appropriateness of care, capacity to care** as outlined above.

Additionally consider the information gathered against the Wellbeing Indicators, what does this mean for the child/young person? The following questions may help guide your thinking:

1. Is there a need for further assessment or involvement from other parties?
2. What are the Child/Young Person's strengths? What are the Child/Young Person's Protective Factors?
3. Can conclusions be drawn as to the root cause of the barrier?

SAFE	<p>Assessment of the appropriateness of caring responsibilities must consider;</p> <ul style="list-style-type: none"> • Whether responsibilities place the young carer at risk of harm or significant harm • Whether responsibilities are physically strenuous, emotionally detrimental or exploitative • Whether the young carers basic needs are being neglected or their needs being met in ways that are not appropriate to their age and stage of development • Inappropriate caring tasks may include; <ul style="list-style-type: none"> ○ Intimate personal care ○ Administering medicine ○ Emotional support beyond the young carers competence. ○ Parenting of siblings. <p>Capacity to undertake caring responsibilities must consider whether caring responsibilities are adversely affecting the young carer's;</p> <ul style="list-style-type: none"> • Physical safety
HEALTHY	<p>Assessment of appropriateness of Caring responsibilities must consider;</p> <ul style="list-style-type: none"> • Appropriateness in relation to age and stage of development • Whether the young carer is giving excessive care which significantly limits their own life • Whether responsibilities are out with the competence of the young carer • Those supporting the young carer understand how to support and act upon the health needs of the young carer <p>Capacity to undertake caring responsibilities must consider whether caring responsibilities are adversely affecting the young carer's;</p> <ul style="list-style-type: none"> • Health either physically and/or their mental wellbeing and/or reaching of developmental milestones • Access to supports to improve their physical or mental health

ACHIEVING	<p>Assessment of the impact of caring upon wellbeing must;</p> <ul style="list-style-type: none"> • Consider any adverse impacts on educational attainment • Seek and consider views regarding the young carers well-being in relation to attainment and barriers to education <p>Capacity to undertake caring responsibilities must consider whether caring responsibilities are adversely affecting the young carer's;</p> <ul style="list-style-type: none"> • Capacity to attend education provision or is at risk of affecting this • Capacity to reach full potential across the totality of the curriculum • Inclusion in school, community and extracurricular activities
NURTURED	<p>Assessment of the impact of caring upon wellbeing must;</p> <ul style="list-style-type: none"> • consider whether the child's parents/carers have the capacity to meet the child's needs in relation to this indicator <p>Capacity to undertake caring responsibilities must consider whether caring responsibilities are adversely affecting the young carer's;</p> <ul style="list-style-type: none"> • Relationship with the person they are caring for • motivation, self-esteem and ability to trust others
ACTIVE	<p>Capacity to undertake caring responsibilities must consider whether caring responsibilities are adversely affecting the young carer's;</p> <ul style="list-style-type: none"> • Capacity to be undertake activities and be an active member of the community
RESPECTED	<p>Assessment of appropriateness of Caring responsibilities must consider;</p> <ul style="list-style-type: none"> • Whether the child is giving excessive care which significantly limits their own life and capacity to enjoy positive relationships with family and peers. <p>Capacity to undertake caring responsibilities must consider whether caring responsibilities are adversely affecting the young carer's;</p> <ul style="list-style-type: none"> • Opportunities to be listened to and involved in decisions affecting them • Aspirations for their self and relevant others aspirations of them.
RESPONSIBLE	<p>Assessment of appropriateness of Caring responsibilities must consider;</p> <ul style="list-style-type: none"> • Whether responsibilities are out with the competence of the young carer • Whether the young carers understands their own rights and responsibilities and those of others towards them <p>Capacity to undertake caring responsibilities must consider whether caring responsibilities are adversely affecting the young carer's;</p> <ul style="list-style-type: none"> • Opportunities to be listened to and involved in decisions affecting them
INCLUDED	<p>Assessment of the impact of caring upon wellbeing must;</p> <ul style="list-style-type: none"> • Consider any adverse impacts on capacity to build and sustain friendships <p>Capacity to undertake caring responsibilities must consider whether caring responsibilities are adversely affecting the young carer's;</p> <ul style="list-style-type: none"> • Inclusion within the community • Regular school attendance

Young Carers views on undertaking caring responsibilities

Willingness to care

The young carer should be asked sensitively how they feel about their caring role, if they have been consulted about it previously and whether they want to continue to undertake it as it currently is, change aspects of it or stop all caring responsibilities. **Practitioners should be mindful not to mislead the young carer regarding opportunities for provision of care for the cared for person without fully investigating options with relevant professionals from adult based services first.**

Young Carer's view of the Young Carers Statement and plan

What does the young carer think of their YCS? Do they think it will help them? All efforts should be made to articulate their views even when there are communication difficulties. This should be a brief factual statement of how the child feels about the support defined in the plan. It is imperative that disagreement from the young carer is noted here.

Cared for persons view of the Young Carers Statement

If different from the parent/carer, what does the cared for person think of the plan? Do they think it will help the young carer? All efforts should be made to articulate their views even when there are communication difficulties.

This should be brief factual statement of how cared for person feels about the support defined in the plan. It is important that any disagreement with the plan is noted here.

Recommendations Including proposed legal measures

What need to be addressed in light of the assessment of wellbeing? What actions/interventions need to be taken to improve outcomes?

Colleagues in Children's Social Work should lead consideration of the risk to a child in:

- Becoming Looked After/ accommodated?
- Being at risk of significant harm

Print name: Professional and Young Carer	Electronic signatures can be used if available.	
Sign:		
Date:		

Lead Professional Identified	YES	<input type="checkbox"/>	NO	<input type="checkbox"/>
Name of Lead Professional:	If the plan is multi-agency it will be appropriate to appoint a Lead Professional. Please indicate if a Lead Professional has been appointed and insert their contact details below.			
Contact Details:				
Date, Time and Venue of next Review + Name of Chair (if known)	Others to be invited:			
This should happen within 12 weeks of opening the YCS, thereafter as often as deemed necessary taking into account the young carers individual situation to adhere to legal timescales for review. A change in needs should trigger an early review. Single agency YCS should be reviewed in line with established procedures.	Details of anybody who you feel should attend the next planning meeting.			
What are the triggers for an early review?				
What could potentially trigger an early review? Change in wellbeing? A significant event in the young carer's life? A significant change in the health of the cared for person? Receipt of further assessment information? Lack of progress towards agreed outcomes? A change in willingness of the young carer to carry on caring?				

Fair Processing/Privacy Notice

Why are we asking for your information?

Aberdeen City Council (ACC) collects information about your child's circumstances in this Young Carer's Statement. It is collected and processed in order to provide support for your child. ACC will only share information (other than in child protection situations) in order to access support from one or more partners agreed with you. The partners you have agreed to share information with are listed on page 2 of the Young Carer's Statement.

The Council does this as part of our public task. The information held in the Young Carer's Statement helps Aberdeen City Council to assess, plan, coordinate and quality assure the supports available to your child. The Council does not use an automated process for making decisions about your child or the services required; decisions are made with you.

We will keep this information for a period of 5 years from the date of your child leaving the service unless we have a legal responsibility to keep the information for a longer period of time. The council will keep a formal anonymised record of the Young Carer's Statement for the purposes of auditing service provision and quality assurance.

Your Data, Your Rights

You've got legal rights about the way the Council handles and uses your data, which include the right to ask for a copy of it, and to ask us to stop doing something with your data. Please contact the Council's Data Protection Officer by email DataProtectionOfficer@aberdeencity.gov.uk or in writing at: Legal and Democratic Services, Business Hub 6, Level 1 South, Marischal College, Aberdeen, AB10 1AB.

More information about all of the rights you have is available on our website at: <https://www.aberdeencity.gov.uk/your-data>.

You also have the right to make a complaint to the Information Commissioner's Office, (www.ico.org.uk). They are the body responsible for making sure organisations like the Council handle your data lawfully.