A service for young carers in Bute & Cowal
Did you know there are approximately 300 young carers in Bute & Cowal? We are a young carer’s project supporting children & young people aged 5 to 24 years who have caring roles across Bute & Cowal.

Who is a young carer?
A young carer is someone who helps look after a person who has a condition, such as:

- Disability
- Mental Ill Health
- Long Term Illness
- Drug or Alcohol problem

Young carers can look after:
- Parent or step parent
- Brother or sister
- Grandparents

What do young carers do:
- Extra jobs in & around the home
- Cooking
- Cleaning
- Shopping
- Managing household finances
- Helping someone to get dressed or move around
- Some young carers give a lot of physical help to a parent, brother, sister, grandparent who is disabled or ill
- May be giving emotional support to a family member

If you are a young carer you are not alone and there are lots of other young people in similar situations

What do we do:
The project team are approachable & friendly, no one is going to make assumptions or judgments about individual situations.

What we offer:
- Drop ins
- After school groups
- Advocacy
- School holiday activities
- Trips and Residentials
- One to one support where needed
- Young Carers Statements
- Adult Support Plans

Referrals can be made by parents, young carers over 16 years, social workers, teachers, health professionals and voluntary sector colleagues.

Please call us or contact us to discuss or make a referral:
The project team are:

Mags – Young Carers Manager
E: mags@cyccb.org.uk
M: 07827 767 472

Mo – Young Carers Support Worker, Dunoon
E: mo@cyccb.org.uk
M: 07884 264 179

Eileen – Young Carers Support Worker, Bute
E: eileen@cyccb.org.uk
M: 07884 263 588

Lorna – Young Carers Support Worker, Outreach
E: lorna@cyccb.org.uk
M: 07388 818 265

Morven – Admin Support
E: admin@cyccb.org.uk
Office: 01369 704 492

www.cyccb.org.uk
Addresses:
Bute Carers Centre, 12 Tower Street, Rothesay, Isle of Bute, PA20 0BZ
Dunoon C/O 61-63 Argyll Street, Dunoon, Argyll, PA23 7HG