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**Fal**

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**Tool 4:**

1 in 12 activity

**Guidance**

This activity is designed to highlight the statistic that as many as one in 12 secondary school pupils are young carers (BBC, Princess Royal Trust for Carers, 2010).

It can be used by ITE providers as a stand-alone starter activity to a session about young carers or alongside Tool 2: PowerPoint presentation and speaking notes.

**Materials required:**

* Enough small stickers to be able to give one to every 12th person in the class.

**Instructions**

1. Before you start a session, give every 12th person a small sticker and ask them to put it on.
2. Begin your session. When talking about the statistics that demonstrate the numbers of young carers, include that as many as one in 12 secondary school pupils are young carers (BBC, Princess Royal Trust for Carers, 2010).
3. At this point, ask those with stickers to raise their hands.
4. Ask participants to look around the room. Explain that those with their hands up are a representation of how many young carers there could be in a class this size. Ask participants to take a moment to reflect on this.



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The Children’s Society is a registered charity number 221124. Registered Office: Edward Rudolf House, Margery Street, London, WC1X 0J

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