



Young Carer Statement

Information and Guidance for Organisations





A Young Carer is a person aged between 7 and 18 years old who has caring responsibility for a member of their family usually a parent or sibling. The family member may be affected by a long term illness, mental health problem, substance misuse problem, physical or learning disability.

Young Carers will complete the Young Carers Statement with a support worker from the Young Carers Project.

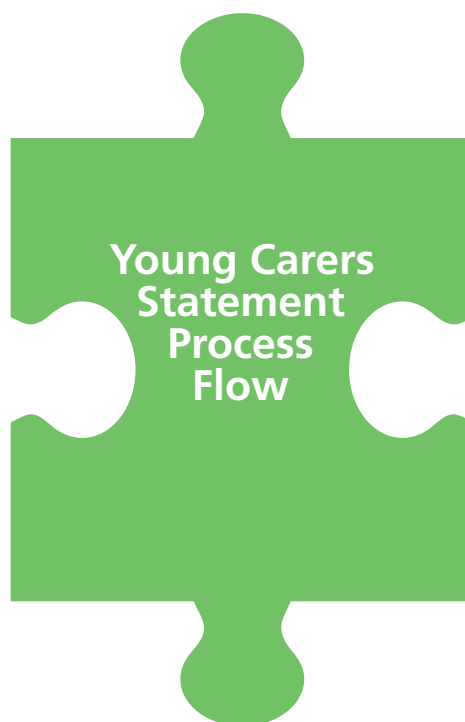
What is a Young Carers Statement (YCS)?

The Young Carers Statement will enable Young Carers to express their feelings and needs, find out what impact their caring responsibilities have on their life and aims to support them in their caring role. It is an outcome focused approach and the form focuses around the 8 areas of the outcome My Star – physical health, where you live, being safe, relationships, feelings & behaviours, friends, confidence & self esteem, education & learning.

The Statement approach does not only look at what may be available through services requiring a social work resource but also looks at what is available through early and preventative services, for example third sector, education, health, leisure services etc.

The Young Carers Statement will ensure that the Young Carers needs are taken into consideration and not to judge their ability to care or the way in which they carry out their caring role. However it is hoped that if any Young Carer is carrying out inappropriate caring tasks this will be highlighted. Alternatives can then be considered aiming to reduce the impact and allow them to be a child or young person first and foremost.

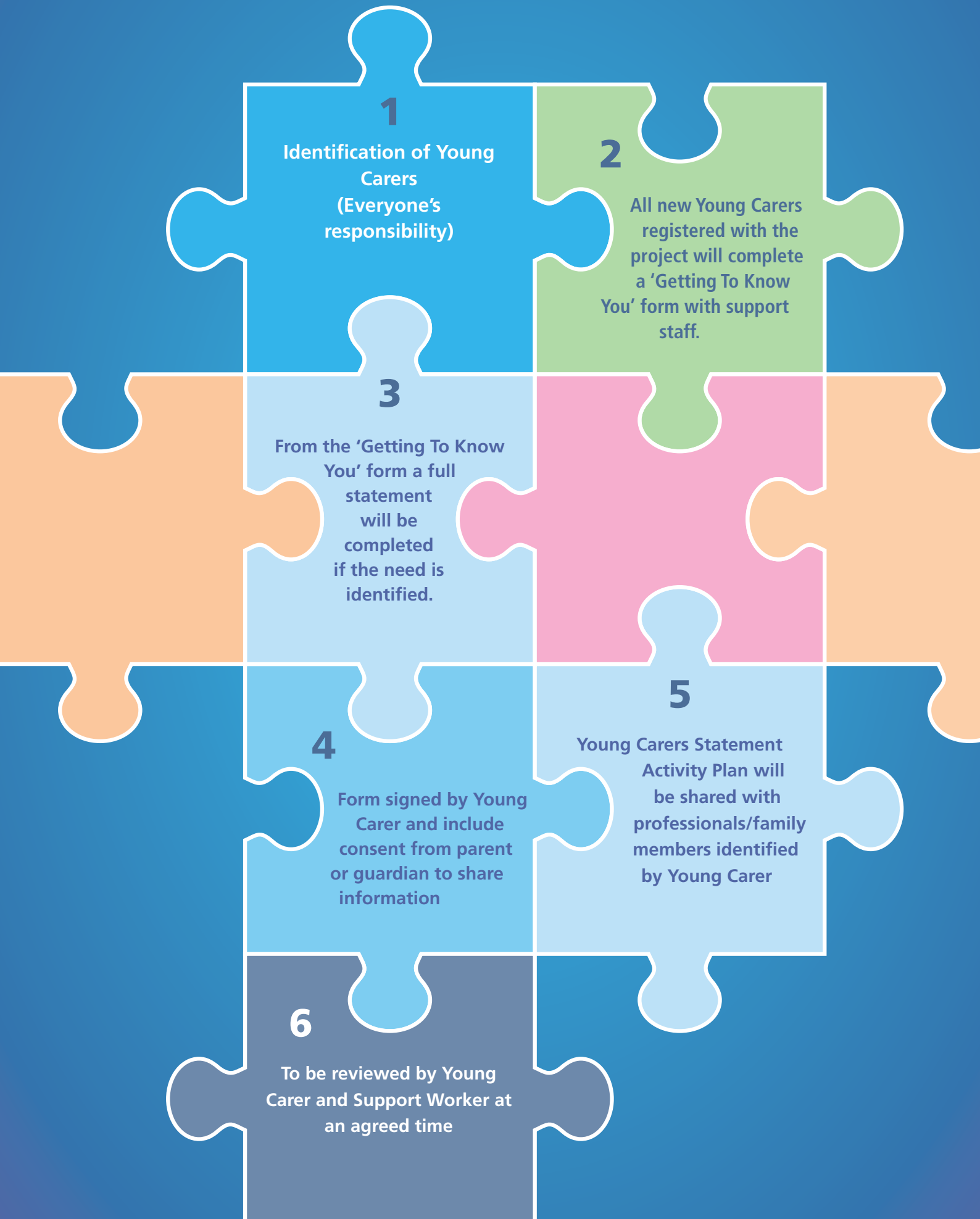
**For further information contact
Young Carers Project 01387 248600.**



Completing a Young Carers Statement is something that all Young Carers can complete if there is a need, this will be assessed by Young Carers Support Workers. 7 – 15 years old need the consent of a parent/guardian to complete a Young Carers Statement and 16+years can consent to the Statement themselves; however there are benefits of having consent from a parent/guardian. Refer to Young Carers Statement Pathway for further information

The sections of the statement that will be shared with others, if requested, is the completed Outcome My Star and Action Plan – no other information will be shared unless there are any areas of concern. The action plan may indicate that the Young Carer needs assistance, help or guidance from other professionals.

Young Carer Statement Planning Process Flow



Principles in relation to
**Young Carer Statement
and The Young Carer Pathway**

