

# Young carers – We want to hear from you!

Carers Trust is a charity that is wanting to hear from young carers about what school is like for you. They have got a few questions they would really like you to answer.

**If you answer them, you will have the chance to win a £50 gift voucher!**

## 1. Where do you live? (Tick or colour the box)

England

Northern  
Ireland

Scotland

Wales

## 2. Is there a teacher or another adult in school who you can talk to if you need help as a young carer or are upset? (Circle or tick the smiley)



Yes



I don't know



No

## 3. What help can you get at your school if you need it? (Tick all that apply)

Someone to talk to if I am worried about things at home

Help with my homework or schoolwork

A young carers group to meet with other young carers

Access to a phone if I need to phone home

Something else (please write in this box what it is)

## 4. How much help is there for young carers in your school? (Circle or tick)



Lots of help



Some help

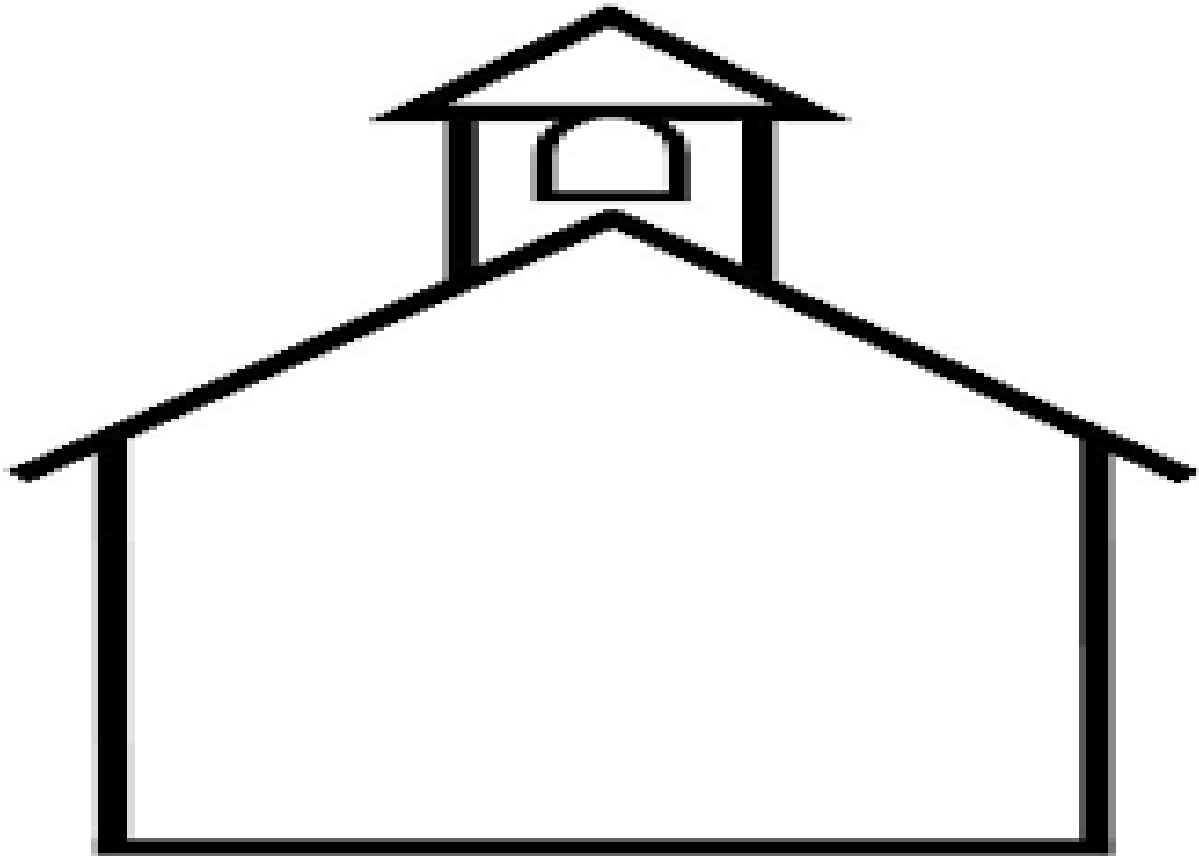


Not much help

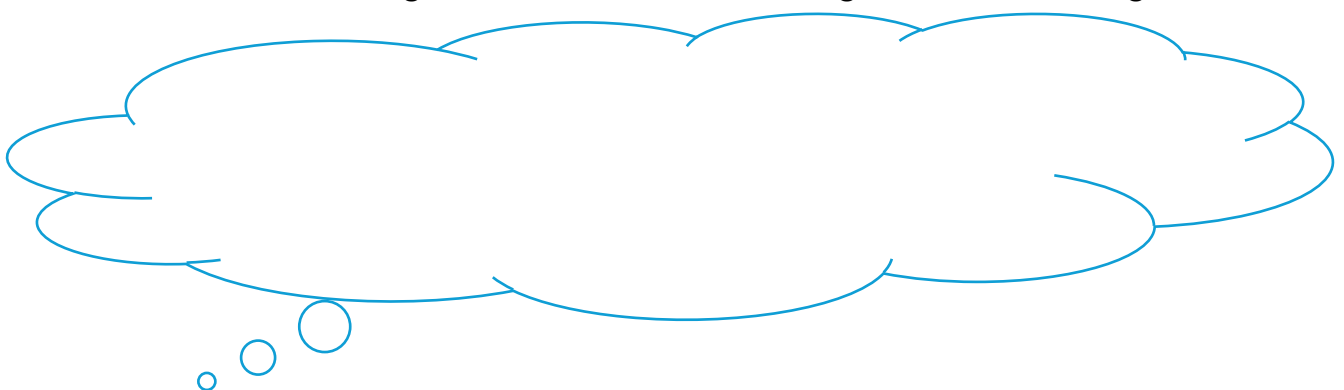


No help

**5. Write in the school - what support would you like to see for young carers in your school?**



**6. Is there anything else that would make things better for young carers?**



**If you would like to have the chance to win a £50 voucher, write your first name and initial (e.g. Andy M), and the name of your young carers group or school.**

Your name and school will be stored safely by Carers Trust and only used to make sure the voucher gets to the winner. The information will not be used after the draw. If an adult wants to know more about this, they can e-mail [youngcarers@carers.org](mailto:youngcarers@carers.org)

**THANK YOU FOR TAKING PART!**