



## Find out if you could get additional benefits

You may be able to get support with finances. So it's important to make sure you claim any benefits that you, and the people you care for, are entitled to. If you're not sure what that looks like, talk to us. Our Carer Money Matters service can help you find the right options for you.

We have an online benefits calculator – provided by Turn2us – which can show you the benefits you could be entitled to. You can use this service for yourself, and the people you care for, as long as you're over 18 and aren't students. It's a free service, but you can talk to us to get information too.

### Visit [carers.org/benefits-calculator](https://carers.org/benefits-calculator)

Maximising your income by claiming the benefits you're entitled to makes things a little easier – for you, and the people you care for.

## We are here

Our Carer Money Matters advisor can help you build a budget, maximise your income and make savings where possible. And they can give you the tools you need to get, and stay, in control of your finances. There is financial and other support available in emergencies too.

Carer Money Matters services are available in 23 areas across England, Scotland and Wales.

## Reach out

Please get the help you need to help the people you care for.

# Making the most of your money



**CARERS  
TRUST**



## Extra financial support

There are also lots of other things you could be entitled to financial support with. We can help you find out if you're entitled to support with things like:

- TV licences
- Car tax
- Prescriptions
- Dental treatments
- Eye tests
- Housing benefit
- Council tax
- Mortgage payments
- Energy costs

## Grants and funds

We can also help you look at whether there are extra grants or funds you can apply to, and if you've had to give up work because of your caring responsibilities you may be able to protect your pension.

Money Helper has some information online about caring and your State Pension: [moneyhelper.org.uk/en/family-and-care/long-term-care/caring-for-others](https://moneyhelper.org.uk/en/family-and-care/long-term-care/caring-for-others)

**Being a carer can be rewarding but it can also mean having to juggle a number of different day to day tasks, managing caring around work and it can bring worries for the future.**

Caring for someone can also mean additional costs, or you might need to support the people you care for financially. And healthcare costs like prescriptions, transport and equipment all add up.



## More places to get help

Here are some helpful online resources:

- [carers.org/TVLicenses](https://carers.org/TVLicenses)
- [turn2us.org.uk/get-support/information-for-your-situation/travel-costs-disabled-people-and-carers/car-road-tax-exemption](https://turn2us.org.uk/get-support/information-for-your-situation/travel-costs-disabled-people-and-carers/car-road-tax-exemption)
- [carers.org/HealthCareCosts](https://carers.org/HealthCareCosts)
- [carers.org/DentalCare](https://carers.org/DentalCare)
- [nhs.uk/nhs-services/opticians/free-nhs-eye-tests-and-optical-vouchers/](https://nhs.uk/nhs-services/opticians/free-nhs-eye-tests-and-optical-vouchers/)
- [Turn2us.org.uk/get-support/information-for-your-situation/council-tax-discounts/carers](https://Turn2us.org.uk/get-support/information-for-your-situation/council-tax-discounts/carers)