

<p>Maggie's Cancer Centre, Swansea</p> <p>Maggie's was created through a co-design approach, using the expertise of someone with a cancer diagnosis and their family members, alongside cancer care professionals, architects, landscape and interior designers.</p> <p>People supported by Maggie's make a significant contribution to service design and delivery, particularly through the peer networks. The focus is firmly on the whole individual, their strengths, interests, and the outcomes that matter to them. There is also support available for their carers.</p> <p>Staff expertise is complemented by the lived experience of those they support, and by the assets of the wider community.</p>	<p>Canolfan Canser Maggie's, Abertawe</p> <p>Crëwyd Maggie's trwy ddull cyd-gynhyrchu, gan ddefnyddio arbenigedd rhywun â diagnosis o ganser ac aelodau'r teulu, ynghyd â gweithwyr gofal cancer proffesiynol, penseiri, dylunwyr tirlun a chynllunwyr cartref.</p> <p>Mae pobl a gefnogir gan Maggie's yn cyfrannu mewn ffordd sylweddol at ddylunio'r gwasanaethau a darparu'r gwasanaethau, yn enwedig trwy'r rhwydweithiau cyfoedion. Mae'r ffocws yn gadarn ar yr unigolyn cyfan, ei gryfderau, ei ddiddordebau a'r canlyniadau sy'n bwysig iddo. Mae yna gymorth ar gael hefyd i ofalwyr.</p> <p>Law yn llaw ag arbenigedd y staff ceir profiad bywyd y rheiny maen nhw'n eu cefnogi a chefnogaeth gan asedau'r gymuned ehangach.</p>
<p>The difference co-production made:</p> <p>The work of Maggie's is an example of how the third sector and NHS can work together to meet the holistic needs of patients. It demonstrates the power of community and the impact of people sharing their stories and experiences.</p> <p>People felt less alone and better able to manage stress.</p>	<p>Y gwahaniaeth a wnaeth cyd-gynhyrchu:</p> <p>Mae gwaith Maggie's yn enghraifft o sut y mae'r trydydd sector a'r GIG yn gallu cydweithio i fodloni anghenion holistaidd cleifion. Mae'n arddangos pŵer y gymuned ac effaith pobl sy'n rhannu eu straeon a'u profiadau.</p> <p>Roedd pobl yn teimlo'n llai unig ac yn gallu rheoli straen yn well.</p>