



All-Party  
Parliamentary  
Group for  
Young Carers &  
Young Adult  
Carers

## APPG for Young Carers and Young Adult Carers

**Wednesday 21st February 2024, 5pm to 6pm**

### Zoom Log-in details

Join Zoom Meeting

<https://carers->

[org.zoom.us/j/89464563191?pwd=bHNCbW9NZ09tMEgyOFdFRnJsLzZlZz09](https://carers-<br/>org.zoom.us/j/89464563191?pwd=bHNCbW9NZ09tMEgyOFdFRnJsLzZlZz09)

Meeting ID: 894 6456 3191

Passcode: 542502

### Agenda

1. Welcome; approving minutes of last meeting; 2024 workplan  
**Paul Blomfield MP, Chair**
2. Update on the Young Carers Covenant  
**Young carers and young adult carers**
3. Young carers and mental health – What is the impact?  
**Beth Neale, Research and Engagement Officer, Carers Trust**  
**Rebecca Lacey, Reader, St George's, University of London**  
**Young carers and young adult carers**
4. Questions and comments  
**Priority will be given to Parliamentarians and young carers/young adult carers**

Ahead of the meeting there is the opportunity to share your thoughts on a couple of key areas:

- Why you feel young carers and young adult carers are at risk of experiencing worse mental health outcomes compared to young people without caring responsibilities
- What you think needs to be done to improve the mental health of young carers and young adult carers

To share your thoughts ahead of the meeting, please use this [simple feedback form](#).

If you have any questions about the meeting, or the work of the APPG, please e-mail Andy McGowan, Policy and Practice Manager at Carers Trust – [amcgowan@carers.org](mailto:amcgowan@carers.org)